

Appendix 1: “ABMS II” Form

Instructions	1	2	3	4	5	6
1. Turn over from supine position to preferred side lying in bed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Move from lying on back to sitting on the side of the bed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Remain sitting on the side of the bed for more than 30 seconds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Stand up from the side of the bed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Remain standing up on the floor for more than 30 seconds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Total	/30					

Grade of Ability

1. Unable to move: patient unable to move because of a medical problem such as unstable vital signs and complications.
2. Totally dependent: movement with more than 75% support by another person.
3. Partially dependent: movement with 75% or less support by another person.
4. Supervision: movement requiring someone present to provide verbal cues or gestures without physical contact.
5. Independent in special environment: movement by holding a handrail or edge of the bed.
6. Completely independent: movement without holding a handrail or edge of the bed.

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