

The Effect of Acupuncture Cupping Bubbling Therapy in the Treatment of Breast Cancer

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Abstract

Objective: To observe the clinical effect of Acupuncture Cupping Bubbling Therapy in the treatment of breast cancer.

Methods: 88 patients of breast cancer were divided into the Acupuncture Cupping Bubbling Therapy group of 46 cases and the traditional Acupuncture Cupping group of 42 cases at random, and the symptom-relieving, the tumor-disappearing, tumor- lessening (surviving with tumors) and functional recovery were observed separately.

Results: The total effective rate of Acupuncture Cupping Bubbling Therapy group was 100% and the excellently effective rate was 89.1%. But the total effective rate of Acupuncture Cupping Therapy group was 88.1% and the excellently effective rate was 42.9%. The difference of the excellently effective rates has extreme significance ($P < 10$).

Conclusion: The Acupuncture Cupping Bubbling Therapy has significant clinical effect, which surpasses that of the traditional Acupuncture Cupping Therapy.

Keywords: Breast Cancer, Acupuncture, Cupping, Bubbling

Introduction

Ancient Chinese medicine thought breast tumors occurring in the breast and called breast tumors as "milk rickets", "mastitis" and so on. Modern Clinical medicine called it as breast cancer and breast cancer and think the reason is that too more of the seven emotions, stagnation of hepatopulmonary air, withstanding evil of liver and lung lead to hepatopulmonary and transport deficiency, qi stagnation and phlegm coagulation or that the old age and weak body, Chong and Ren disorders lead to qi stagnation, meridian obstruction and knot forming in the breast. Traditional Chinese medicine thought that " yi is mild and yang is intensive, because of spirit ". The yi and yang is the foundation of the body. Yin is the material basis of life, including human vaginal blood, body fluids and the endowmen. Yang is the power for life activities. Interaction of yin and yang produces qi, blood, body fluids, and promoteds the metabolism of blood. That the body fluid balance is running short and the interdependence between the yin and yang, qi and blood and body fluids, co-ordination, chemical and biological metabolism, homeostas is thus can only maintain the health of human.

The body's yin, yang, qi, blood, body fluids, the body fluid (ie liquid water) is one of the most important material basis. It is all over the body, everywhere, for the yin and yang of relying on blood carrier, and thus the body of water is precious, water liquid normally operates, normally compresses, normally metabolites as a healthy foundation. Therefore, whatever causes human disease, it all affects the body's fluid metabolism. According to the theory of Chinese blood and body fluids, more water overflowing will become Wet Yu evil, which will affect the blood run, resulting in excess qi stagnation and even blood disorder, resulting in various diseases. Where the overflow of water is more, there is a disease and on the contrary, no exception. The Medical Classic Of the Yellow Emperor said, " Running water does not get stale, a door-hinge is never worm-eaten" , " No pain doesn't come with a blockage". Pathogenic pathology product develops into the wet, the phlegm and dampness, the stagnant blood, the froth (vivo trash) ,which deposits in the joint, causing the osteoarthritis. Qi shortage of lung liver, kidney and deficiency of blood and qi leads to Chong and Ren disorders and qi stagnation, no sparsing of qi, not reconcile of the spleen and stomach, and liver qi stagnation. Normal for a long time without running water, carcass formation And fanlly it will lead to knot forming in the breast. So, the pathogeny of breast tumors is the evils water wet, phlegm, blood stasis and Mo. Disease pathogens (western aseptic inflammation, said the rubbish inside body, pathology) These are as follows:

Clinical Data

General Data

88 patients are different from the provinces to accept acupuncture therapy and acupuncture treatment of foam can not foaming treatment outpatient cases. Age and duration of time. See table 1

Table 1: Two groups of age and time cases (%)

Group	Cases	Age	Average age (years old)	Average duration (in)
EG	46	16~70	43	4.9
CG	42	16~75	45.5	4.3

Table 1 Two groups of patients, the average age of the age is the t-test, $0.6557 t = > 0.05$, P , Average duration by t-test, $0.3401 t = > 0.05$, P . There are no significant difference above statistical significance, between the two groups that are comparable.

Diagnosis

According to Cancer Medicine Filmography published by Beijing Science and Technology Literature Publishing House in 1994.

- (1) Medical history: women who are over 30 years of age, or whose menarche is before age 12, or whose menopause is after age 53, unmarried or married without a child and women who bear a child after 30 years old, or who doesn't breastfeed after giving birth, or women in whose family there are patients with breast cancer should be regarded as a high risk.
- (2) Breast mass is the primary symptoms of breast cancer, mostly single. The mass is hard, whose edge is not sharp, and a few feels like hard rubber. It can be pushed in the early stage, but can't be pushed or even fixed later. Tumor mostly occurs in the upper outer breast, followed by the inner, the central, outer and inner bottom of the next.
- (3) Pain: less than one-third of the patients has a dull pain and tingling.
- (4) Skin depression, called "dimple" sign. There are "orange peel-like" change later.
- (5) Nipples retract or skew to the side of focus.
- (6) Axillary lymph nodes swell.
- (7) Nipple erosion; eczema scab-like cancer should be considered if there is crust; Inflammatory breast cancer should be considered if all breast is swelling and there is mass similar to the inflammatory and it develop rapidly.
- (8) If a variety of physical diagnosis show there is a possibility of breast cancer, the patient should be confirmedly diagnosed and breast cancer should not be easily ruled out.

Method

The Experimental Group (EG)

- (1) Acupoints: according to the four kinds of acupoint such as differentiation acupoints, meridian acupoints, experience acupoints, nerve point selection to treat the bilateral breasts at the same time (this disease is bilateral at the same time and organs all over the body are damaged). Master points: Shixuan(EX-UE 11), Ashi Point and bilateral Fenglong(ST-40), Zusanli(St-36), Sanyinjiao(SP-6), Xuehai(SP-10), Hegu(LI-4), Neiguan(PC-6), Rugen(ST-18), Shenfeng(KI-23), Shidou(SP-17), Y-yingchuan(SY-16), Qimen(LR-14), Piyu(BL-20), Weishu(BL-21), Ganyu(BL-18), Shangwan(CV-13), Zhongwan(CV-12), Xinyu(BL-15), Feishu(BL-13).
- (2) Operation: At first, conventionally disinfect with 75% alcohol on these points above –mentioned, use percussopunctator to knock the acupoints heavily except Hegu and Neiguan Points and penetrate all the points with acupuncture needles, and adjust needles with diarrhea method, and then pull these needles in these points into the cupping tank. Secondly, remove the needle in the Shixuan point and penetrate the point with the acupuncture needle one time per day and continuously bleed for three times; adjust needles in Hegu and Neiguan points according to different clinical conditions, the duration of course and physical strength at any time, at intervals of 5 minutes or 10 minutes. The time of fixing needles and cupping tanks should be determined according to different clinical conditions, the duration of course and physical strength(1, 1.5, or 2 hours) and if the endurance of the patient is stronger, the time of fixing needles and cupping tanks can be longer and the effect is better. Finally, remove the tank and the needle and puncture the blisters with a sterile needle to let the evils water wet, phlegm, blood stasis and Mo excrete from the sick Points. Cover a sterilized cotton on the skin lesions, cover a sterilized gauze on the cotton and fixed with adhesive tape to prevent clothes and pants to scratch it. The first treatment is over. If the endurance of the patient is stronger and the course is longer or the patient is seriously ill, two times of treating can be implemented every day so that the effect will be better and the healing time will be shortened.

(3) In the second time of treating, at first, soak cloth, gauze and cotton with 0.9% sodium chloride injection for 20 minutes and then remove the tape, gauze and cotton. Conventionally disinfect with 75% alcohol on these points which has been treated. The method is the same with that in the first time and so on.

(4) Every 10 times of uninterrupted treating is as a course of treatment. If there are no evils coming out on the skin lesions on the last three times of treating, moxibustion can be implementated.

(5) If the endurance of the patient is weak, cross treatment can be adopted. At first, select part of the points to treat and then treat the other points. Or elect part of the points to treat on the first day and treat the other points the next day. However, the first treatment is better than the second cross-treatment.

Control Group

Acupoints are the same with the above. Acupuncture without knocking the acupoints heavily but operate in accordance with traditional acupuncture. First, cupuncture for enough time. Second, pull out the needles and then cup. The time of fixing cupping tanks in less than half an hour and the bubble is not allowed. If the blisters, don't allow punctured blisters, and daub around blisters, and tape with gauze antiphlogistics, prevent blisters, etc. Inside body fluid bubble back before implementing a second treatment.

Observation

Standards of Curative Effect

Cure: cancer all but disappeared, clinical symptoms disappeared.

Effective: tumor shrinkage and clinical symptoms disappeared, that is, survive with tumors (no tumor growth).

Invalid: tumor size changes, there is no improvement of clinical symptoms.

Treatment Effect (see Table 2,3,4,5)

Table 2: Comparison of effects of two groups after treatment cases (%)

Group	Cases	Control	Excellence	Effective	Ineffective	Excellently	Total
						Effective Rate(%)	Effective Rate(%)
EG	46	31(67.4)	10(21.7)	5(10.9)	0(0)	89.1①	100.0
CG	42	11(26.2)	7(16.7)	19(45.2)	5(11.9)	42.9	88.1

EG vs CG, ①P<0.01

Table 2 shows that when the total effective rates of treatment group and control group were compared, $X^2=3.40$, $P>0.05$ and the difference was not statistically significant, suggesting that the overall effects of the two groups were almost the same. And when the excellently effective rates of treatment group and control group were compared, $X^2=21.27$, $P<0.01$ and the difference was significant, suggesting that the curve effect of the Acupuncture Cupping Bubbling Therapy was better than that of the traditional Aacupuncture Cupping Therapy to the breast cancer.

Table 3: Two groups of breast cancer patients with TCM syndrome differentiation cases (%)

Group	Cases	Guyuqizhi	Shireyinxu	Ganshenyinxu	Pishenyangxu	Total
						Effective Rate(%)
EG	46	26 (56.5)	10(21.7)	5(10.9)	5(10.9) invalid	100.0
CG	42	19(45.2)	11(26.2)	7(16.7)	5(11.9)	88.1

From the table 3 two groups of patients with breast cancer cases of TCM syndrome differentiation efficacy compared, $P < 0.01$

Table 4: Comparison of the onset times (the time of relieving of pain and disappearing of the swelling Axillary lymph nodes) of two groups after treatment cases(%)

Group	Cases	2nd day	3rd day	4th day	5th day
EG	46	38(82.6)①	8(17.4)	0(0)	0(0)
CG	42	5(11.9)	12(28.6)	18(42.9)	7(16.6)

EG vs CG, ① $P < 0.01$

Table 3 shows that when the the onset times within 1st day were compared, $X^2=44.57$, $P < 0.001$ and the difference was significant, suggesting that the times of relieving of pain and disappearing of the swelling Axillary lymph nodes of treatment group were both short than those of control group.

Table 5: Two groups of control Patients Liaocheng compare cases(%)

Group	Cases	Diyigeliaocheng	Diergeliaocheng	Disangeliaocheng	Sangeliaochengwuxiaobingli
EG	46	13 (31.0)	23 (54.8)	10 (14.2)	0 (0)
CG	42	6 (14.2)	13 (31.0)	18 (36.2)	5 (18.6)

From 5 Two groups of patients 3 within the period than by statistical control number form, $X^2=6.2982$, $P < 0.05$, That can reduce the number of treatment in treatment group and enhance the curative effect.

Typical Case

Ms Zhou, female, 36 years old, working on Jinzhou District Farm of Dalian City. Ms Zhou presented herself that because of bad relationship in her family for many years, she found that her menstrual blood volume was less and less from 1990 and that every time at the beginning of menstrual, her left breast would be swelling and pain until menstruation was over and in the course of menstruation her feeling was unstable, her mental outlook was worsening and she was easily irritable had constant insomnia. But through the modern medical examination, everything is normal. Then she took Western medicine for 4 months without any effect. Six months later, she found a left breast mass, and was conducted a comprehensive inspection, diagnosed of breast hyperplasia. Then she was treated by the traditional Chinese medicine, western medicine according to hyperplasia of mammary glands more than a year without any better. Finally, the painless mass became bigger than ever, and hard, movable; breast skin had mild depression; the skin was thicker and the pores were larger; the left nipple secreted yellow fluid; the nipple was sunken and inclined to one side; the left axillary lymph nodes were swelling; by conducting a thorough examination, left malignant breast cancer was diagnosed.

After she had received treatment of drugs, chemotherapy, surgery for a year and a half, the swelling and pain of her left breast and axillary lymph nodes was not relieved and the right breast was found lumps, so she received the treatment of the Acupunc-

ture Cupping Bubbling Therapy with garlic moxibustion.

Clinical symptoms: Depression, chest for expansion, and stalking certificate: move bowels dry heating, urine, and yellow thin white pulse, coating sigh.

TCM Diagnosis

Biaoben huanji gas hysteresis

3.6 Use "acupuncture treatment of foaming treatment" to find, 2 times a day. Treatment for 30 days and water wet, illness, blood stasis and sputum drink less 3989 milliliter, violently. The review: bilateral breast lumps decrease clinical symptoms recovered. Combine the special prescription drug ai (garlic) every Saturday, jiu jiu location is 25 days. 2 times a day, 12 years without recurrence.

Discussion

Prevention and treatment of breast cancer or with survival can be fully successful.

4.1. The pathogenesis of mastitis and breast hyperplasia should be researched at first. Especially, the mechanisms of frequently occurring diseases, common diseases, complex diseases, oncology, bone aching, sub-health, chronic disease, failed back surgery syndrome, a rare bone and joint diseases should be firstly researched.

4.2. The Acupuncture Cupping Bubbling Therapy, which is a non-drug and non-surgical therapy, early detection diagnosis of non-instrument, should be researched. This new therapy has the ability of treating the part and the whole of the patients, treating different diseases with the same treatment, treating the same disease with different treatments, external therapy of internal diseases, individual treatment and early diagnosis, early treatment and targeting effect.

4.3. Hospital costs should be reduced and the side effects of drug treatment to patients should be reduced.

4.4. After 30 years of clinical research and diligent and painstaking research, the author conclude that only when the new Chinese medicine theories and new techniques of acupuncture- Acupuncture Cupping Bubbling Therapy is adopted, the breast cancer can be effectively controlled and prevented. Unique advantages of the Acupuncture Cupping Bubbling Therapy are as the follows:

4.4.1.Safe. Applied to clinical history of more than 30 years, without any medical errors and accidents. 7 years experience in training, for seven years of training in China's sichuan province, sichuan, administration of traditional Chinese medicine health promotion, TCM results in sichuan province, such as institute of several units of acupuncture and support and cooperation for the society, the TCM theory of mastery of new technology and new acupuncture needle "of foaming treatment" of medical personnel.

4.4.2 The method is widely used and simple but effective.

4.4.3 It is a special non-drug treatment of new technologies. We can achieve the purpose of curing various diseases without drugs.

4.4.4 The course of treatment is short.

4.4.5 It is a special early diagnosis of non-instrument and can effectively prevent and treat frequently occurring diseases, com-

mon diseases, tumors, ovarian cysts, pain, disease, complex diseases, sub-health.

4.4.6 The principle of treatment of cancer by Acupuncture Cupping Bubbling Therapy:

(1) It matches the concepts that "Running water does not get stale, a door-hinge is never worm-eaten", "No pain doesn't come with a blockage" and that phlegm, water wet, stasis and Mo are pathogenic factors, which were recorded in The Medical Classic Of the Yellow Emperor and Za Bing Guang Yao.

The success of 4 class of treating cancer by the whole point selection of Acupuncture Cupping Bubbling Therapy, not only reflects the importance of study cancer from the view of macroscopic, overall, and the system, but also reflects the importance of the point that because the life is a whole, the study on life sciences can not be only limited in local details. Only when we study tumors and various diseases from the perspective of the whole life system, can we get rapid effect and short course of treatment and no recurrence.

From 30 years of Clinical experience, she found that when we treat frequently occurring diseases, common diseases, tumors, osteoarthritis, old "Four Diagnosis" and "Eight Points" are not enough. We must use the new theory of Chinese medicine and new acupuncture technology, and that is Acupuncture Cupping Bubbling Therapy.

(2) It matches the mechanism of cancer which was described in Traditional Chinese Medicine Prevention Daquan of Cancer published by Beijing Science and Technology Press in 1994.

(3) It matches the concept that "cancer has always been considered to have six characteristics, including uncontrolled growth, immortality and the ability to violate other organizations. But the growing evidence is that the seventh characteristic should be added - inflammation now." The concept came from the article "Inflammation becomes the seventh largest tumor characteristics" published on Health News on January 5, 2009.

(4) It matches the concept of "Inflammatory disease leads the main reason of cancer" published on Health News on January 15, 2009.

(5) It matches the modern medical theory that the effusion out-flowing from swollen joints, swollen abdomen and swelling of the chest by surgery which was called Bingxie in Traditional Chinese Medicine is called Aseptic inflammation.

(6) It matches the concept that persistent sub-health leads to cancer, which was described on Health News on September 21, 2007.

(7) It matches the concept that the incidence of a variety of related diseases caused by psychological stress is increasing and that stress becomes important causes and incentives of a variety of major fatal human disease. This concept was described on Health News on december 18, 2009.

4.4.8 "acupuncture therapy of foam system" is a radical new therapies breast cancer. After eight years can cure, nine years, 10 years does not have a relapse. In this way, the treatment of breast cancer has created a new theory of TCM acupuncture and key technology system, key new breast tumor clinical research opens a new field of breast cancer, first put forward in the drug therapy, new ideas to solve the problem, unique.

4.4.9 "acupuncture therapy of foam, promoting blood circulation to remove" solar mass extinction stasis, sputum, acetanilide detumescence, make phlegmy wet, water to drink and blood stasis, foaming, shouts from the turbid liquid sick education body outside, regulate the meridians circulation, improve the balance of Yin and Yang, restore the normal water metabolism, en-

hance immunity, so as to achieve the purpose of disease within. For common and frequently-occurring diseases, sub-health, difficult and complicated illnesses, various diseases, failure syndrome, all kinds of pain, joint disease, cancer and rare disease, provides a new scientific approaches, the treatment is one of the most integrated JiuZhi invalid, approved by the disease, will come to accept "acupuncture therapy of foaming treatment) to enhance the system of human body oneself immunity function to prevent cancer and other diseases method, Is a concentration medical prevention and treatment of TCM for the new theory and new technology of acupuncture. Reduce hospital costs, reducing drug therapy for patients with side effects, while reducing patients' medical costs.

“Acupuncture Treatment of Foaming Therapy” Breast Tumor Advantage

Use "acupuncture treatment of foaming therapy" breast tumor, solve the following six questions:

1, reduce or reduce medicine again continue commonly used chemotherapy, anti-tumour and poor outcome JiuZhi painkillers. Early diagnosis, western medicine. 3, TCM therapy effect owe satisfaction. 4, reduce and reduce the effects of drugs. 5, reduce and reducing surgical treatment may not take temporary solution and effects of transfer, easy, easy. Six, can let completely disappear completely, part of the mammary gland tumour is also part of the smaller, improve survival with tumor, the life quality of tumor patient, make tumor patient clinical symptoms disappear.

"Acupuncture therapy of foam system" is a radical new therapies breast cancer. After eight years can cure, nine years, 10 years does not have a relapse. In this way, the treatment of breast cancer has created a new theory of TCM acupuncture and key technology system, key new breast tumor clinical research opens a new field of breast cancer, first put forward in the drug therapy, new ideas to solve the problem, unique.

The Effect of Garlic Moxibustion

Garlic has the effects of fever relieving, detoxifying, apocatastasis, removing stasis and eliminating pathogenic factors. Garlic Moxibustion with *Folia Artemisiae Argyi* can repress the growth of breast cancer and kill the breast cancer cells.

Acupoints of Garlic Moxibustion: Ashi Point, Rugen(ST-18), Shenfeng(KI-23), Shidou(SP-17), Yingchuang(SY-16), Zusanli(St-36), Sanyinjiao(SP-6), Xuehai(SP-10), Hegu(LI-4), Guanyuan(CV-4), Mingmen(GV-4), zhongwan(CV-12), Pishu(BL-20), Xinshu(BL-15), Feishu(BL-13), Weishu(BL-21), Shenshu(BL-23).Acupointing one point should use one new piece of garlic. The thickness of the pieces is 0.5cm. The time of acupointing every point with garlic lasts for 10 minutes from the time when the point is hot. For the longer course of disease, the acupointing should be operated tow times. One course of treatment includes 10 times of acupointing.

Although different, all periods of benign and malignant breast cancers should be treated by Acupuncture Cupping Bubbling Therapy with Garlic Moxibustion and *Folia Artemisiae Argyi*. The reason is that both of the causes of benign and malignant breast cancers are Water wet, phlegm, blood stasis, Mo. This method can strengthen the body resistance to eliminate pathogenic factors. On the one hand, it can relieve fever, detoxify, remove stasis and eliminate pathogenic factors to eliminate lumps. on the other hand, it can enhance the body constitution. Spleen and stomach are the foundation of the postnatal condition and the source of Qi-blood , so we should protect the spleen and stomach in the course of treatment. Thus, we can obtain the goal of radically treating the cancers.

The Acupuncture Cupping Bubbling Therapy has the effect of strengthening healthy qi to eliminate pathogens, blood-activating and stasis-dispelling medicinal, eliminating Dampness and reducing Phlegm. It can let Phlegm, water wetness, blood stasis, foam, dirty cloud of liquid flow out from the sick acupoints. It can regulate the body's Yin and Yang balance, improve circulation, resume metabolism of normal fluid in vivo and enhance immunity to internal diseases with external therapy. It provides a

new scientific therapeutic approach for frequently-occurring disease, common diseases, tumors, ovarian cysts, pain, disease, complex diseases, sub-health, chronic disease and failed back surgery syndrome, bone joint disease and rare diseases. It is the most scientific method of prevention of cancer and other diseases through enhancing the body's own immune and a new theory of Chinese medicine and a new technology of acupuncture including prevention and treatment of Chinese medicine together. The method can also reduce hospital costs, reduce the side effects of drug treatment to patients.

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